



Welcome Amber Post, M.D.!

Amber Post is an obstetrician and gynecologist who completed her undergraduate degree at the University of Wisconsin - Stevens Point. She then went on to receive her medical degree from the Medical College of Wisconsin, located in Milwaukee, Wisconsin. She completed her residency training in OB/GYN at the Medical College of Wisconsin Affiliated Hospitals, also located in Milwaukee, Wisconsin.

"As an obstetrician and gynecologist, I am fortunate enough to be present for some of the most significant events in a woman's life. From family planning, to childbirth, to menopause, I consider it a privilege to work with women during these times to help them reach the healthcare decisions that are best for them."

Dr. Post provides an entire range of obstetrical and gynecological care. She has special interest in high-risk obstetrics, maternity care, minimally invasive surgery, adolescent medicine and family planning/contraceptive management.

In her free time, Dr. Post enjoys international travel, hiking, camping, canoeing and swimming. Her and her husband are also the proud new parents of a little boy named Jacob, born in May of 2009.

Dr. Post sees patients at our Neenah and Oshkosh locations.

September is...

Ovarian Cancer Awareness Month

October is...

Breast Cancer Awareness Month

November is...

National Adoption Month

Ovarian and Breast Cancer Awareness

Breast and Ovarian cancers are the 2nd and 5th most common cancers in women. Talk to your doctor today to see that you are taking the right precautions to prevent these cancers in your body.

Pregnant Women at Higher Risk For H1N1 Virus

The Centers for Disease and Control anticipate that there will be even more cases, hospitalizations and deaths associated with the H1N1 virus in the United States during this influenza season. The H1N1 virus combined with regular seasonal influenza viruses can increase the likelihood of significant illness with associated hospitalizations and deaths during this influenza season.

Unfortunately, pregnant women are at a higher risk of serious illness than any other population of people. During pregnancy, the woman's immune system is weakened in order for her body to not reject the fetus. During that time, pregnant women are more susceptible to the virus.

Symptoms of the H1N1 virus are very similar to the seasonal flu symptoms. They include the following: fever, cough, sore throat, body aches, headaches, chills, fatigue and sometimes diarrhea and vomiting.

In order to protect yourself and your family from the H1N1 virus, take some everyday precautions in preventing the spread of germs. By covering your nose and mouth when sneezing or coughing, washing your hands thoroughly with soap and water, and avoiding to touch your eyes, mouth and nose you can prevent the spreading of germs and protect your health.



*Happy
Fall!*